

Reduce single-use plastic at home



Your team name:



Your mission:

Persuade your friends and family to use less plastic at home.

What to do

1. You're going to work as a team to think of ways to persuade your friends and family to use less single-use plastic in their houses.
2. Follow the steps set out in this workbook. They will guide you through the tasks you need to carry out for your mission.
3. Be creative. Think of as many ideas as possible and don't be afraid of trying new things.
4. Be a positive team member – listen to others, be supportive and keep an open mind.
5. Have fun!

1 What single-use plastic do you want to target?

In the box below, write down three single-use plastic items that you're going to persuade your friends and families to *Refuse*.

1.

2.

3.

2 How can people Refuse plastic?

For each of the plastic items you want your families and friends to refuse, write down ideas for alternatives in the table below.

What could people use instead? Think of as many ideas as you can.

Plastic item	What could people use instead?

3 Why should people Refuse single-use plastic?

If you want people to change their behaviour, you need to explain the reasons *why* it is important.

Think about everything you've learnt about the impact of plastic on the ocean and write down 3 reasons why people should refuse single-use plastic.

You should refuse single-use plastic because...

1.

2.

3.

Now write down two amazing facts about the ocean to help people understand why we should protect it.

We should protect the ocean because...

1.

2.

4 How will you persuade people to Refuse single-use plastic?

Decide *how* you are going to persuade your friends and family to Refuse the 3 single-use plastic items.

How can you grab their attention? Some ideas for what you could do are given below.

What talents do you have in your group? Is anyone a good writer or singer? Does anyone like art or music? Can you use your talents to persuade people?



Creative ideas

- Persuasive letter
- Posters
- Postcards
- Short play
- Poems
- Songs or raps
- Short films
- Stop-motion animation
- Leaflet
- Advert

Team talents

- Music
- Drama
- Drawing
- Filmmaking
- Science
- Writing
- Photography

Scientific ?
? Emotional
Factual ?
Dramatic
Funny ?
Serious ?

Write down what you're going to do here:

5 How will you spread the message?

How will you make sure that as many of your family and friends as possible hear about why they should refuse single-use plastic?

- *Send emails home.*
- *Put up posters around school.*
- *Give everyone a poster or flyer for their fridge at home.*
- *Put poems and posters in the school newsletter.*
- *Ask school to share your projects on the school Twitter or Facebook account.*
- *Ask adult friends and family to share your projects on their social media accounts.*
- *Invite families into school for an assembly.*
- *Hold an information fair to show everyone your projects.*



Write down how you are going to spread the message here:

6 Who is going to do what?

Make a plan listing what each person in the team is going to do. Make sure everyone is given a chance to say what they would like to do.

Name	Tasks

7 Put your plans into action!

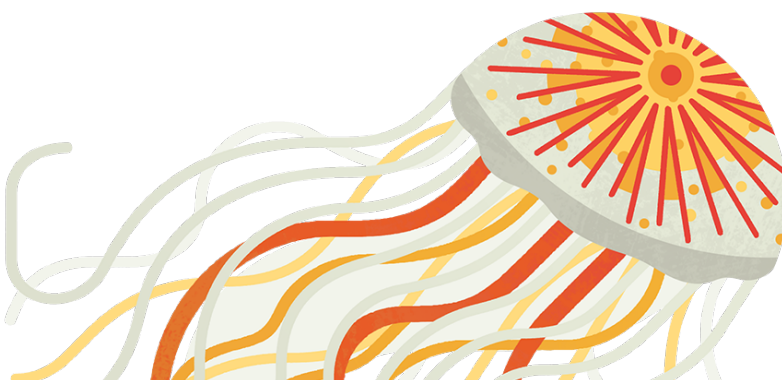
Checklist

We have:

- Chosen 3 single-use plastic items we are going to ask our friends and families to refuse.
- Thought of alternatives to the plastic items that we can suggest to our friends and families.
- Written 3 reasons why people should refuse single-use plastic.
- Written 2 amazing facts that show why everyone should try to protect the ocean.
- Decided on the creative idea we will use to persuade our family and friends to refuse single-use plastic.
- Agreed how we will spread our message.
- Decided what everyone is going to do.

You're ready - it's time to put your plans into action and change people's minds about single-use plastic!

Have fun and enjoy your mission. Every person you persuade to refuse single-use plastic will help clean up the ocean!



Plastic and the ocean



Why is single-use plastic a problem?

Plastic is incredibly useful – flexible, lightweight, durable and hygienic – but it lasts forever.

It doesn't biodegrade, but breaks down into smaller and smaller pieces. Too much plastic has short-term uses but long-term impacts on the planet. Did you know that 80% of the litter in the ocean is plastic?

How does plastic reach the ocean from the land?

- Littered – When people drop litter it can be washed or blown into drains and rivers and from there, travel to the sea.
- Left on beaches – Rubbish that is left on a beach can be washed directly into the sea and items placed into an overflowing bin can be blown into the sea.
- Blown from refuse trucks or off landfill sites – Plastic put in the bin ends up in landfill. Because it's light it can be blown into drains and rivers and into the sea.

What about recycling?

The government's statistics on waste in 2020 showed that only 47% of household plastic packaging was recycled.

Not everyone recycles (only about half of UK households), not all plastics can be recycled, and even plastic put into recycling bins may not be recycled due to problems experienced in the recycling process.

Solutions

No matter where you live, the plastic you throw away could end up in the sea.

Reducing plastic use is the only way to prevent it from ending up in our ocean.