

Reduce food waste in your school



Your team name:

> Your mission: Reduce food waste in your school

What to do

1. You're going to work as a team to think of ways to reduce the amount of food waste created in your school.
2. Follow the steps set out in this workbook. They will guide you through the tasks you need to carry out for your mission.
3. Be creative. Think of as many ideas as possible and don't be afraid of trying new things.
4. Be a positive team member – listen to others, be supportive and keep an open mind.
5. Have fun!

1 What food waste are you going to tackle?

Think back to your food waste survey. What was the biggest source of food waste? Was it packed lunches, cooked lunches, the kitchen?

We're going to reduce food waste from:

2 What's the cause of the food waste?

What do you think are the reasons for food waste in your school? For example:

- Do children not like the food in packed lunches?
- Does food get thrown away because the lunch queue is long and pupils don't have enough time to eat everything they are given?
- Are people hungry at lunchtime?
- Are portions too big?
- Are some cooked lunch meals unpopular?
- Is kitchen preparation creating a lot of waste?

Write down three reasons for food waste in your school:

1.

2.

3.

3 How could you reduce food waste?

For each reason, write down some ideas for reducing the waste.

Reason for food waste	Ideas for reducing the waste
1.	
2.	
3.	

4 What action are you going to take?

Discuss your ideas for reducing food waste and choose one. Remember to listen to everyone's points of view and suggestions before deciding what you will do.

We're going to tackle food waste in our school by:

5 What tactics will you use?

Decide *how* you're going to tackle this food waste.

Ideas for tactics

- Talk to kitchen staff about food preparation
- Talk to the catering supplier about menus
- Make anti-food waste posters
- Talk to your headteacher about lunch queues
- Survey pupils about what they do and don't like
- Make a leaflet of popular packed lunch ideas for parents
- Other: _____

6 Are there any adults you need help from?

Write their names in the box below:

7 Recap why food waste is bad for the ocean

Think about everything you've learnt about the impact of food waste on climate change.

Write down the biggest reason why food waste is harmful for the ocean. Remember this reason when you're asking people to help you tackle the school's food waste problem.

Now write down two amazing facts about the ocean to help inspire people to protect it.

We should protect the ocean because...

1.

2.

8 Who's going to do what?

Make a plan listing what each person in the team is going to do. Make sure everyone is given a chance to say what they'd like to do.

Name	Task

9 Put your plans into action!

Checklist

We have:

- Chosen the food waste we are going to tackle
- Identified possible solutions to the problem
- Decided on the tactic we will use to tackle this problem
- Identified the adults who can help us
- Written three reasons why people should act to reduce food waste
- Written two amazing facts to inspire everyone to protect the ocean
- Decided what everyone is going to do

You're ready - it's time to put your plans into action and reduce food waste in your school!

**Have fun and enjoy your mission.
Reducing food waste helps fight
climate change and improve the
health of the ocean!**

